

*In cooperation with
and endorsed by*

College Gymnastics Association



America's Toughest Sport

Advisory Board

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Executive Director

Bob Wuornos, Ph.D.

2020 MIGS Program National Invitational

Competition Schedule: Final

Friday, Feb 28

LEVELS JD1, 8, 9 & 10 (Traditional Format)

Doors Open	5:00 p.m.
Open Stretch	5:00 - 5:30 p.m.
Event Warm up	5:30 - 6:50 p.m.
March In	6:50 - 7:00 p.m.
Competition	7:00 p.m.
Awards	Following Competition

Saturday, Feb 29

Levels 4, 5, 6 & 7 (Traditional Format)

Doors Open	Noon
Open Stretch	Noon - 12:30 p.m.
Event Warm up	12:30 - 1:50 p.m.
March In	1:50 - 2:00 p.m.
Competition	2:00 p.m.
Awards	Following Competition

Saturday, Feb 29

Team Cup Final/College Meet (Traditional Format)

Doors Open	5:00 p.m.
Open Stretch	5:00 - 5:30 p.m.
Event Warm up	5:30 - 6:50 p.m.
March In	6:50 - 7:00 p.m.
Competition	7:00 p.m.
Awards	Following Competition